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George-Anne Deep Dive

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Georgia Southern University

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THE GEORGE-ANNE
DEEP DIVE
DIVERSITY AND INCLUSIVE EXCELLENCE NEWSLETTER



Welcome to our inclusive excellence newsletter!

Welcome to the Deep Dive by The George-Anne Media Group! We hope to use this platform to dive deep into stories that connect all of us together. At The George-Anne Media Group, we want to reach the Georgia Southern campus community in a new way. This newsletter allows us to showcase all of the diverse groups and events on campus. The George Anne Diversity Board is here to ensure that we are engaging our student community to the best of our ability.

We hope to create a space for on-campus clubs, organizations and departments to share announcements and photos within this newsletter as well. If you would like to be featured, look for more information below. Feel free to reach out to us at deepdive@georgiasouthern.edu if you have any questions!

INTERESTED IN JOINING THE DEEP DIVE?

The Deep Dive Newsletter is looking for individuals dedicated to social justice and bringing awareness to issues faced by marginalized groups in the Georgia Southern community.

[CLICK HERE](#)

Want to share news about your club, organization or department?

- Have an upcoming event? Photos from a recent event?
- Have you made a video you'd like to share?

To send us information to be considered for publication here in the Inclusive Excellence Newsletter, fill out our [Google Form](#).

Gay-Straight Alliance Discusses Pride Flag

The Gay-Straight Alliance (GSA) held a meeting to discuss the pride flag and other topics arose from that conversation.



LAST WEEK RECAP

Pfizer is now FDA approved

The FDA fully approved the Pfizer BioNTech COVID-19 vaccine on August 23rd. Have your opinions towards the vaccine changed? [Let us know!](#)



Statements that annoy chronically ill and disabled students

People unknowingly say offensive statements to those who are chronically ill and/or disabled. We took some statements from chronically ill and/or disabled students to help educate those about these offensive statements.

Statements that annoy chronically ill and disabled students

| | |
|--|---|
| <p>"You don't look sick."</p> <p>Many chronically ill people don't look like what many picture when they think of a sick person. Since they are always sick (hence the word chronically), they may not "look sick" all the time. But please know that they may be pretending to be well and that this statement can feel very invalidating.</p> | <p>"Try yoga, essential oils, or [insert whatever product]!"</p> <p>While this statement comes from a good place, please know it can also feel incredibly invalidating. If there was scientific evidence showing that your suggestion may help them, odds are they've tried it already. If you aren't a medical professional, or someone's personal medical professional, it's best to keep these suggestions to yourself.</p> |
| <p>"Get well soon!"</p> <p>Again, this statement comes from only a good place. But the thing is, if it's a chronic illness they're dealing with, they won't be getting well soon. At least not in the truest sense of the word. Better statements that get across a good sentiment include: "I hope you start feeling better soon", "I hope your symptoms become easier to manage", or something along those lines.</p> | <p>"You're too young to be sick!"</p> <p>Oh, how many wish this were true. Illness and disability does not care how young these people are. Plenty of young people are dealing with chronic illnesses, and reminding them that they aren't meant to struggle like this at this age can leave a bitter taste in the mouth.</p> |
| <p>"You're just a hypochondriac"</p> <p>This statement can be considered one of the most invalidating. Many illnesses are hard to diagnose and not every doctor is going to believe or put in the work to help. Some chronically ill people may seem like hypochondriacs but this is only because of the little education out there on chronic illness.</p> | <p>"If you pray God will heal you"</p> <p>When this comes from a religious person, it certainly comes with the best intent. However, it can come across as one's illness is their fault because they aren't praying or being holy enough.</p> |



SUGGESTION SPOTLIGHT

Recommended reading to enrich your mind

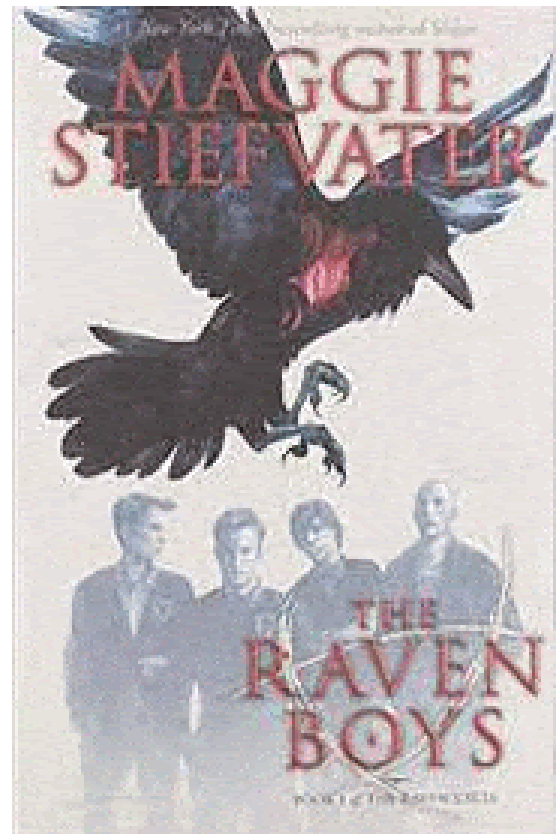
[The Raven Boys by Maggie Steifvater](#)

Recommended by Rachel Cook. A Georgia Southern student.

[The Silent Wife by Karin Slaughter](#)

Recommended by Dr. Melissa Plew. A professor in the Communication Department.

Karin Slaughter is from Atlanta and writes mystery/crime books where the scenes are places from Atlanta. From knowing Atlanta herself, Plew said "It is connected to what she know".



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