

Oct. 12, 2020

1. Take care of your mental health and be ready to help our students.

If a student is in immediate crisis, a <u>step-by-step process on how to respond is outlined at https://students.georgiasouthern.edu/</u> <u>counseling/crisis/</u>. To facilitate students' access to mental health services, Georgia Southern's Counseling Center has drafted an explanation of fall mental health services along with how students can access each of our services on the <u>Counseling Center website home</u> <u>page</u>. For employees, mental health services are among the available options through KEPRO for Georgia Southern University. The University System of Georgia has partnered with KEPRO to provide employees and their family members with a comprehensive Employee Assistance Program (EAP). Full-time and part-time employees, family, and household members have access to the program. Services are free and confidential, within the bounds of the law. See <u>https://www.usg.edu/hr/benefits/2020_benefits/eap</u>, contact KEPRO at 1-844-243-4440 or go to <u>www.eaphelplink.com</u> and use the company code USGcares.

2. Remain vigilant with public health efforts.

The numbers of confirmed cases and self-reported cases of COVID-19 at Georgia Southern, in our local communities and in the state, continue to indicate that our collective efforts are working. Public health officials warn, however, that now is not the time to celebrate. We simply cannot let our guard down. We must continue to limit face-to-face gatherings, remain socially distant, wear masks, and wash our hands. As the flu season approaches, these efforts will continue to be important to maintain the health and safety of our communities.

3. Free COVID testing available in Chatham and Bulloch counties.

The Georgia Department of Public Health continues to offer free COVID-19 testing in Chatham and Bulloch counties under a new schedule. In Chatham County, testing at the Savannah Civic Center will have new operational hours beginning Monday, October 5. Every Wednesday, the Civic Center site will close, and testing will instead be offered at varying locations by appointment. In Bulloch County, the Health Department continues to reserve times just for Georgia Southern University faculty, staff and students. Beginning Oct. 5, times reserved for Georgia Southern are Mondays, Wednesdays and Fridays from 11:30 a.m. until noon. <u>Register for either location online</u> or call 855-473-4374. If you want a time within the 11:30 a.m. - noon window in Statesboro, do not book a specific appointment time when registering online.

4. Training is available on the university's COVID-19 resources page.

Reminder: the university's COVID-19 information and resources page has an abundance of resources available to help navigate through this pandemic. Two of the most useful tools are training modules -- one developed by HR for supervisors and one developed by Student Wellness & Health Promotion to help anyone learn more about COVID-19 and how to keep yourself and your campus community safe. <u>These and more are available under "Georgia Southern Resources" at https://www.georgiasouthern.edu/covid-19-information/</u>.

5. Get ready for Homecoming 2020, the Soaring 20s!

Georgia Southern looks forward to hosting Homecoming activities this year during the week of Nov. 2-7. Of course, things will look different because of the COVID-19 pandemic, but this week-long observance plays host to Georgia Southern alumni, current students and community members. The celebration includes a variety of special events, reunions, social gatherings and even a virtual parade! The week is highlighted by the Eagles Homecoming game on Nov. 7 against Troy at Paulson Stadium. <u>Find out more about the Homecoming and how you can participate at https://students.georgiasouthern.edu/homecoming/</u>.