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The George-Anne Daily

Student Media, Georgia Southern University

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THE GEORGE-ANNE DAILY


Top Stories From January 31, 2018




Seth Shuman throws Eagle Nation a curveball

Seth Shuman has had the rare opportunity to play Division 1 at not one, but two sports. Take a look at how the true sophomore came to deal with playing two sports and his plans for the future. [Full Story.](#)

SURVIVING THE FLU SEASON




TAKE THESE IMPORTANT STEPS TO MINIMIZE FLU TRANSMISSION AND TO PROTECT YOURSELF AND OTHERS




GET VACCINATED

GET VACCINATED IF YOU HAVE NOT ALREADY DONE SO, AND THEN GET THE FLU VACCINE EVERY YEAR!




EXERCISE & EAT HEALTHY

GET THE RECOMMENDED AMOUNT OF SLEEP EVERY NIGHT, EXERCISE REGULARLY, AND EAT A WELL-BALANCED DIET




WASH YOUR HANDS

WASH YOUR HANDS FREQUENTLY WITH SOAP AND WATER OR AN ALCOHOL-BASED HAND SANITIZER



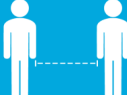
STAY HOME

IF YOU ARE SICK, AVOID BEING AROUND OTHERS (STAY HOME) UNTIL YOU HAVE GONE 24 HRS WITHOUT A FEVER OF 100°F OR MORE - WITHOUT NEEDING FEVER REDUCER



COVER YOUR COUGH OR SNEEZE

COUGH OR SNEEZE INTO YOUR ELBOW OR INTO A DISPOSABLE TISSUE, AND WASH YOUR HANDS AFTER



STAY AWAY FROM SICK PEOPLE

LET THEM GET OVER THEIR SICKNESS TO KEEP YOURSELF HEALTHY

INFORMATION FROM DR. BRIAN DELOACH, MEDICAL DIRECTOR OF GS HEALTH SERVICES

COMMON SYMPTOMS

- SHORTNESS OF BREATH OR BREATHING PROBLEMS
- CHEST PAIN OR PRESSURE OR PAIN IN THE STOMACH
- SEVERE OR SUDDEN DIZZINESS OR FAINTING
- NOT THINKING NORMALLY, CONFUSION, OR CHANGE
- PERSISTENT VOMITING
- SEVERE THROAT/MOUTH PAIN OR SEVERE DIFFICULTY SWALLOWING LIQUIDS
- RASH
- FEVER LASTING MORE THAN 3 DAYS
- SYMPTOMS SEEM TO IMPROVE BUT THEN A COUGH WORSENS

Georgia continues to battle the flu; Health Services encourages flu vaccine

The illness continues to be widespread in the state of Georgia while claiming the lives of 25 Georgians this flu season, according to the [Center of Disease Control](#). Medical Director Dr. Brian Deloach said that student Health Services on the Statesboro campus diagnosed 65 cases of influenza and influenza-like illness in the week ending on Jan. 12.

EAGLES GATA EAT

Attending a Georgia Southern University athletic event or an event at the Averitt Center for the Arts?

Bring in your SAME-DAY ticket either BEFORE or AFTER the event
and get special discounts from Statesboro Blue Mile Businesses!
Georgia Southern students will also receive the discounts by presenting
their Eagle ID AND wearing GS attire such as t-shirts, caps, jerseys, etc.

Visit the following for amazing Blue Mile discounts!

40 East Grill: Free Appetizer with any Lunch or Dinner Entree
Beaver House: Free Drink with any Meal
Big Boy Cookies: 10% off Total Purchase
CAKE: 10% off Total Bill (excluding special orders)
Cool Bean Espresso Bar: 10% off Total Bill
Del Sur Taqueria & Cantina: 10% off Food Purchase
Eagle Creek Brewing Company: 10% off Total Bill
El Sombrero (Fair Rd.): 15% off Total Bill
El Sombrero (Northside Dr. & Buckhead Dr. Locations): 10% off Total Bill
Gee Da's Table: Free Appetizer with Purchase of 2 Entrees
Gnat's Landing: 10% off Food Purchase
Holiday's Pizza: Complimentary Bread Twists with any Food Purchase
Little Italy: 10% off Total Bill
Nonna Picci: Buy Any Size Pizza, Get the 2nd Half Off
RJ's Grill: 10% off Total Bill
The SmoQue Pit: 10% off Total Bill
Three Tree Coffee Roasters: 10% off Drink Purchases



Visit us online at borobluemile.com.

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[borobluemile](https://www.instagram.com/borobluemile)

Blue Mile businesses to offer specials for game day ticket stubs

Businesses along Statesboro's Blue Mile will be offering discounts to
Georgia Southern University students, faculty and staff and the
Statesboro community on game days and Averitt Center performances
days. Students also may receive a discount for presenting their Eagle ID
or by wearing GS attire. [Full Story.](#)

**F1RSTFRIDAY
DOWNTOWN**

FEBRUARY 2, 2018
5:30 – 8 P.M.
WEST MAIN STREET

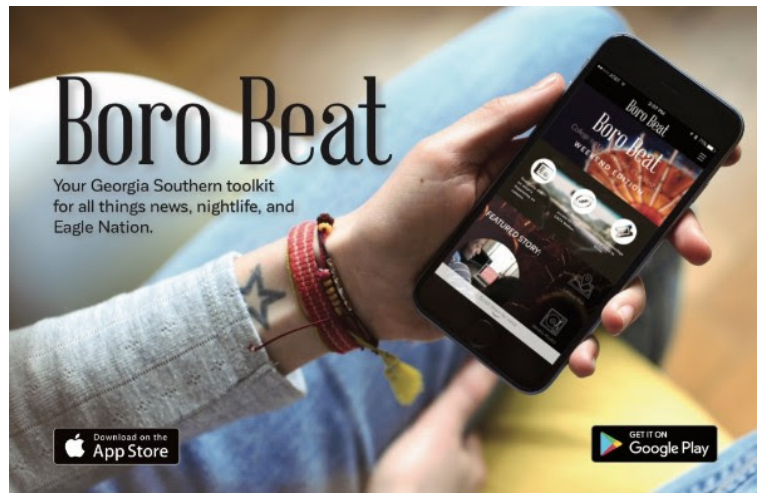
DATE night TE

DATE NIGHT FUN || SHOPPING || FOOD VENDORS



Date Night coming to Downtown Statesboro

Main Street Statesboro and the Downtown Statesboro Development Authority will host Stateboro's first Downtown Date Night Feb. 2. To prepare for the night, West Main Street will close at 4 p.m on Feb. 2. [Full Story.](#)



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