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Student Affairs Newsletter

Georgia Southern University

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Spring is officially here, and campus has begun to bloom beautifully. We hope that you’ve had the opportunity to get outside and enjoy the beautiful weather we’ve been having around campus lately. With just a few weeks left in the semester, and with finals quickly approaching we want to encourage our students to power through and finish strong!

There is always a tendency for all of us to allow stress and anxiety to ease their way in during this time. We want to encourage all of you, and our students to breathe deep and remember that your best is enough!

We truly appreciate each one of you. Your efforts are invaluable to the success of the Division of Student Affairs and we could not think of a better group of people to be serving our students with. We are Eagles! Let’s continue to soar!
New Face

David Eller is one the newer members of the Division of Student Affairs. David serves as the Student Services Coordinator and Student Government Association Advisor, where he helps with programing and marketing efforts in the Dean of Students Office as well as supporting SGA in their efforts to represent the student body.

David grew up in southeast Texas, and stayed in the state for both of his college degrees. He went to undergrad at Sam Houston State University, and received his masters in student affairs and higher education at Texas State.

David says he fell in love with the culture at Georgia Southern, most notably the efforts to be progressive and inclusive for all its students. He also has family in Georgia, so being able to move closer to them was an added perk, as well as being back near the coast.

He adds that it felt natural for him to jump into his role in student affairs, largely from the guidance he received in his college years, and that the environment here on campus made it much more exciting. "There's a lot of people here to help and make everyone successful," David said. "The division feels like a team."

David loves college sports, especially college football, so you can probably find him at every Eagles home game in Paulson. Some of his favorite hobbies are playing with his two dogs, hiking, and refurbishing old furniture. Be sure to welcome David to the student affairs team!

Familiar Face

Gemma Skuraton is the Director of Student Wellness & Health Promotion (SWHP) at Georgia Southern. Her primary task is providing administrative oversight for the Office of SWHP, which helps students identify positive behaviors and strategies related to Emotional and Physical Wellbeing, Interpersonal Violence, and more. Through interacting with our office, programs and peer educators, we feel students will be able to learn life-long strategies for living a healthy lifestyle.

Gemma was born and raised in New Jersey, but transferred to Georgia Southern during her undergraduate program. She would later go on to receive three degrees in total from Georgia Southern, making her a triple eagle!

Gemma says she loves working for her alma mater, especially being able to interact with, and help, students and experiencing the unique cultures brought by each to the campus community. "I am very passionate about public health through a social justice lens so this position allows me to address social determinants of health to address the root causes behind health disparity," Gemma said.

Outside of SWHP, Gemma is passionate and supportive of all women's sports teams, uplifting the community that still sees bias in sport. Her other hobbies include fitness, podcasts and creating continuing education opportunities for her colleagues in public health. She also has an identical twin, and enjoys spending time with her dachshunds, Lily & Winnie.
Counseling Center

Drop-In Workshops: The Counseling Center offers a variety of workshops dedicated to the wellness of those in the campus community including Mindful Yoga, Mindful Walking, Mindful Meditation, and more. Click here to see all of the workshops held every week, with days & times. For virtual sessions, the links will go live the day of.

Walk a Mile in Her Shoes is an international program that aims to raise awareness and encourage communication about gender relations and sexual violence. Men throughout the campus and local community are invited to walk in red high-heeled shoes to draw attention to the issue. All proceeds are donated to The Teal House: Statesboro Regional Sexual Assault and Child Advocacy Center. The event will be held at Sweetheart Circle on April 6, beginning at 5:30 PM. Register here now.

Office of Career & Professional Development

SPRING 2021 VIRTUAL WALK-IN HOURS

Monday – Friday
1 – 4 p.m.

Join us on Zoom using the codes below!

Do you know students who are applying for summer and fall experiences?

The Office of Career and Professional Development can help with résumé critiques and cover letter reviews during virtual walk-in hours. Students can also make an appointment with their Career Development Specialist in Handshake for a more in-depth conversation on cover letters, résumés, interviewing and more.

Professional Development Workshop Series

Professionals Track

4/7, 2:00-3:30 pm via Zoom: QPR Training with Nikkita Robinson from the
Summer Memberships
Take care of yourself (and your family) this summer by signing up for a recreation membership at either our Statesboro or Savannah campuses. Beat the summer heat and invest in your physical and mental health with us - call Mary Lawrence at (912) 478-5436 for more information and to receive a two-week FREE trial membership!

For more information and to check out our full listing of membership opportunities, visit cri.gs/memberships.

Summer Camps
CRI offers a variety of Summer Camps for youth each year. While we are still finalizing some details, visit our summer camp info page to view our options for you and your children. We have a variety of Shooting Sports, Golf and Swim

Counseling Center

4/15, 2:00 - 3:00 pm via Zoom: Difficult Conversations with Maurice Nelson from the Office of Multicultural Affairs

4/21, 2:00 - 3:30 pm via Zoom: Self Care and Wellness with Jill Johns

5/27, 3:00 - 4:00 pm via Zoom: Mortgage Mastermind with Monty Felts from CrossCountry Mortgage. Click this LINK to learn about this session!

Other sessions are being scheduled for May, be on the lookout for the following sessions:

1. Retirement: How to Read it! by Meghan Newell with Northwestern Mutual (Sign up to get notified about this session when scheduled HERE)
2. Financial Literacy by Meghan Newell with Northwestern Mutual (*each participant will receive a FREE comprehensive financial plan tailored to their individual needs) (Sign up to get notified about this session when scheduled HERE)
3. Fitness and Nutrition (Sign up to get notified about this session when scheduled HERE)
opportunities for just about any age and skill level. Our summer programs are a fun and educational way for your youth to make new friends and learn or develop a life-long skill.

Visit cri.gs/summervamp to view the full listing of camps.
Have colleague you think deserves recognition for what they are doing in and outside the workplace?

Nominate them here and have their actions shared with the rest of the staff in the Division!