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Georgia Southern's Grad Get Together

March 4, 2014

STATESBORO, Ga. – The University Store and Russell Student Union will team up to host the ultimate Grad Get Together for graduating seniors. This two-day grad celebration begins March 5-6 and will be jam-packed with food, fun, and lasting memories.

All graduates are cordially invited to attend the Grad Get Together on either Wednesday, March 5 or Thursday, March 6 between 10:00 am to 6:00 pm. The University Store and Russell Student Union will feature duplicate activities on each day.

The University Store will host the opportunity for students to enjoy good food, and good company while meeting with the Alumni Association, Graduate Admissions and the office of Student Activities. Life Touch photography will also be in attendance, along with the Eagle Print Shop and Postal Services for those finalizing graduation invitations.

Meanwhile the Russell Student Union will host Herff Jones, manufacturer of graduation keepsakes, for students looking to purchase class rings and exclusive graduation packages. In addition representatives from the Registrar's office, Financial Aid and Career Services will be in attendance.

The Grad Get Together is the exclusive two-day celebration for graduates to reminisce with friends and relive their amazing journey. It is the ultimate experience that no college senior should miss!

About Auxiliary Services

Auxiliary Services' mission is to create the best possible Georgia Southern University experience. Auxiliary Services strives to provide the highest quality products and services to the Georgia Southern community, while setting the highest operational standards possible. Auxiliary Services supports the strategic direction of the University through the delivery of extraordinary programs, products, services and facilities.

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Positive Plates Campaign Inspires Georgia Southern Students

March 4, 2014

STATESBORO, Ga. – Low-fat frozen dinners and sugar-free cereals are healthy food options, but not the tastiest. This March, Eagle Dining Services encourages Eagles to enjoy delicious, nutritious meals in the Positive Plates campaign.

Positive Plates is a month-long awareness campaign to promote healthy eating in the Residential Dining facilities. Dining Commons and Lakeside will feature special activities for students to enjoy such as the Dish of the Day, Healthy Eagle Hearts, Perfect Parfaits, and the Positive Plates Luncheon.

Dish of the Day will offer daily culinary classics in the dining facilities. Students will be encouraged to try the featured dish of the day in Lakeside on Mondays, Wednesdays and Fridays and in the Dining Commons on Tuesdays and Thursdays.

Healthy Eagle Hearts challenges Eagles to maintain a healthy heart by eating red fruits and red vegetables. Exclusively held on Tuesdays, March 4, March 11, and March 25 in the Dining Commons from 2:00 pm to 4:00 pm. Eagles that attend and participate in eating featured red foods will receive a unique kitchen tool.

Perfect Parfaits is a week long activity starting Monday, March 3 through Friday, March 7 in Lakeside and Dining Commons from 9:30 am – 11:00 am. Students get to start their day the right way by building their own parfait from the freshest ingredients. Choose from strawberries, blueberries, bananas and combine with delicious yogurts to make the perfect parfait.

Positive Plates Luncheon will end the month of healthy initiatives on an energetic note on Thursday, March 27, 2014 starting at 11:00 am in the Dining Commons. Selected students will get the opportunity to attend a vibrant lunch with special guest, Brittany Parham. Over good food and exclusive giveaways, students will get the opportunity to learn about the benefits of good nutrition and a balanced diet.

Positive Plates campaign offers a fresh perspective on nutritious meals provided by the Residential Dining facilities and encourages Eagles to eat their way to health and happiness.

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